A combination of A combination of over 60 ingredients \$38.99 including land, sea 225G & cruciferous vegetables, green foods, plant oils, herbs & phytonutrients

- Nutrient equivalent of 6 to 8 servings of fresh vegetables
- Increases energy & renews mental clarity
- Helps to cleanse your body, strengthen immune function & balance pH
- Supports your heart, liver and digestive health



Faux- Jito Smoothie

Ingredients: 1 cup Coconut Water

- Juice from 1 Lime
- 3-4 ice cubes 1 scoop VegeGreens
- Cucumber Mint
- 1 tbsp raw honey (optional)

Blend all the ingredients until smooth. Top with Fresh sprigs or chopped mint leaves. Enjoy!

New Roots Herbal

Strong Bones

180 CAPSULES

20 years. From our cupboard to yours! At The Healthy Cupboard, we believe that nature's medicine cabinet has the potential to improve our quality of life. We want to share that with others by providing a space where our community can find quality products and feel supported in their natural health journey!

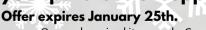




Increases energy levels, nutrient availability, detoxification, immunity and reduces inflammation

Redeem this coupon at any of the three locations to receive

20% OFF your purchase of supplements!



circulation

NAME:

FIRST & LAST

PHONE:

EMAIL:

On regular priced items only. Cannot be combined with other coupons or sales.

Please send me email reminders of Customer Appreciation Day!

Enter this ballot in store for your chance to UIN

CONTEST ENDS ON JANUARY 25, 2020

Prize: Gift Basket packed with natural health products, worth over \$100!

*One entry per person

PORT COLBORNE 101 Clarence St. 🔆 130 Hwy 20 🔆 211 Martindale St. 905.835.9806

healthycupboard.ca

Total Vision Care™ **Strong Bones** \$45.99 New Roots • Protects your eyes from digital eye strain and Strong Bones helps you build and maintain reduces dry eyes stronger bones. Strong Bones contains the proper • A Blend of powerful antioxidants including form of calcium (MCHA) from New Zealand, with Alpha Lipoic Acid and Zinc cofactors for immediate absorption for the

Platinum Naturals®

• Supports age related macular degeneration





The Healthy

Sale on from Januarv 3rd-25th Take a look



Join us on Wednesday, January 8th for **CUSTOMER** APPRECIATION DAY

Up to 20% off at all three locations!

Serving you at our three locations!

FONTHILL 905.892.9054

Check us out online! @healthycupboard

NEW LOCATION ST. CATHARINES 289.362.5637

O @healthycupboard