

Faux-Jito Smoothie

- A combination of over 60 ingredients including land, sea & cruciferous vegetables, green foods, plant oils, herbs & phytonutrients
- Nutrient equivalent of 6 to 8 servings of fresh vegetables
- Increases energy & renews mental clarity
- Helps to cleanse your body, strengthen immune function & balance pH
- Supports your heart, liver and digestive health

\$38.99
225g



- Ingredients:
- 1 cup Coconut Water
 - Juice from 1 Lime
 - 3-4 ice cubes
 - 1 scoop VegeGreens Cucumber Mint
 - 1 tbsp raw honey (optional)

Blend all the ingredients until smooth. Top with Fresh sprigs or chopped mint leaves. Enjoy!

20 years. From our cupboard to yours!



At The Healthy Cupboard, we believe that nature's medicine cabinet has the potential to improve our quality of life. We want to share that with others by providing a space where our community can find quality products and feel supported in their natural health journey!

Thank You! Jan & Tanya

Sale on from January 3rd-25th
Take a look!

The Healthy Cupboard

WINTER 2020

Exclusive Offers



Platinum Naturals® Total Vision Care™

\$45.99
60 GELS

- Protects your eyes from digital eye strain and reduces dry eyes
- A Blend of powerful antioxidants including Alpha Lipoic Acid and Zinc
- Supports age related macular degeneration

New Roots Herbal Strong Bones

\$41.99
180 CAPSULES

- Strong Bones helps you build and maintain stronger bones. Strong Bones contains the proper form of calcium (MCHA) from New Zealand, with cofactors for immediate absorption for the prevention of osteoporosis.

Strauss Heartdrops®

20% OFF ALL SIZES

- Helps maintain cardiovascular health, reduce blood lipids like cholesterol, and support healthy circulation

LeafSource™

\$49.99
150 BONUS SIZE

- Most powerful humic acid formula available today
- Increases energy levels, nutrient availability, detoxification, immunity and reduces inflammation

Redeem this coupon at any of the three locations to receive

20% OFF

The Healthy Cupboard

your purchase of supplements!
Offer expires January 25th.
On regular priced items only. Cannot be combined with other coupons or sales.

Join us on Wednesday, January 8th for

CUSTOMER APPRECIATION DAY

Up to 20% off at all three locations!

Lorna VanderHaeghe® GLUCOsmart®

\$49.99
30 CAPSULES

- Aids weight loss
- Balances blood sugar
- Treatment for PCOS
- For men and women

BioSil™

20% OFF ALL SIZES

- Helps in the formation of collagen
- Supports hair, skin and nail health

Enter this ballot in store for your chance to **Win!** Prize: Gift Basket packed with natural health products, worth over \$100!

CONTEST ENDS ON JANUARY 25, 2020

NAME: FIRST & LAST _____
PHONE: _____
EMAIL: _____

Please send me email reminders of Customer Appreciation Day!

**One entry per person*

Serving you at our *three locations!*

- NEW LOCATION!**
- | | | |
|----------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------|
| PORT COLBORNE
101 Clarence St.
905.835.9806 | FONTHILL
130 Hwy 20
905.892.9054 | ST. CATHARINES
211 Martindale St.
289.362.5637 |
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Check us out online!
www.healthycupboard.ca
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